

18.03.2020

Thaye Dorje, His Holiness the 17th Gyalwa Karmapa shares his thoughts on impermanence and karma and gives advice on how to deal with the Corona pandemic.

Karmapa's teaching on change, karma and COVID-19 – in English

{facebook}https://www.facebook.com/theKarmapa/videos/1609706125852520/?t=889{/facebookk}

Chenresig Practice – Thaye Dorje, His Holiness the 17th Gyalwa Karmapa

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The text for the Chenresig practice can be downloaded [here](#) (tibetisch & englisch)

www.karmapa.org